ST PETER'S RC
PRIMARY SCHOOL

SOUTHEY STREET, CARDIFF CF24 3SP
Telephone: **029 2049 7847**
Email: **stpetersprm@cardiff.gov.uk**
Website: **www.stpeters.wales**

13th February 2026

PRIMARY SCHOOL FREE BREAKFAST SCHEME

Dear Parent/Carer,

The Welsh Government made a commitment to provide all children of primary school age with a free, healthy breakfast at school each day and we are considering introducing a **free breakfast club** at St Peter's School.

This scheme is intended to improve the health and concentration of children to assist in the raising of standards of learning and attainment, and will seek to involve parents/carers. It is not intended to replace breakfast already provided by parents/carers, but to allow all those children, who for whatever reason, have not had breakfast at home, to have one in school.

The paid breakfast club operated by St Peter's Out of School Care will continue alongside the new free breakfast club. Parents and carers who require an early start to the day for their child will still be able to access this club from 7.45 am.

Planning

To assist with planning for the free breakfast club, we need to have an idea of the likely take-up. This is a vital part of the planning process. To help you decide whether you would want your child to attend the sessions we have enclosed an FAQ sheet, which will give you an idea of how these sessions may operate.

What do you have to do?

If you would like your child(ren) to attend the breakfast sessions if and when they start, please complete this form (click here) by Friday 27th February. If we do not receive a response from you, we will assume that you do not want your child(ren) to attend the breakfast sessions.

More information will follow, once we have an idea of the likely take-up for the breakfast sessions.

Yours sincerely,
Gareth Rein

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FREQUENTLY ASKED QUESTIONS

What time will the session operate?
The free breakfast club will start at 8.15 am and finish at 8.45 am. To allow children sufficient time to eat their breakfast, they must arrive at least ten minutes prior to the finish time (i.e. by 8.35 am).

What breakfast will my child(ren) receive?
The breakfast on offer will be healthy and nutritionally balanced. There are 4 food groups: drinks or milk products; cereals - not sugar coated; fruit; breads. A typical breakfast could be:

- cereal with milk and chopped fruit, a piece of toast and a drink or
- toast, fruit juice and yoghurt.

Who will supervise the breakfast session?
Breakfast Club supervisors will be employed by the school. All staff members will have an enhanced DBS check.

Will I have to pay for the breakfast session?
No. The breakfast and the supervision of your child(ren) during the breakfast session will be **free.**

Can I still access the paid Out of School Care breakfast club?
Yes, these daily sessions will continue from 7.45 am from 8.15 am. Children in this club will transfer to the new free club at 8.15 am.

How much notice do I need to give to vary the arrangements for my child(ren) to attend the breakfast session?
Ideally a term in advance, but a minimum of 1 week, obviously the more notice the better. If your child(ren) arrives to have a breakfast without giving prior notice they cannot be guaranteed to be admitted to the free breakfast club.

Will the children be in mixed age groups for breakfast?
Yes – attendance at the free breakfast session is open to all children attending this school from Reception to Year 6.

Can my child access the free breakfast club every day?
Parents/carers can choose for their child(ren) to attend the free breakfast club each day or on specified days only. This routine should be regular and maintained, for instance they could come on Mondays and Wednesdays only each week.